



# Opi-Prim

Opioidbehandling vid långvarig  
smärta i primärvården



## Interprofessional perspectives on opioid use in chronic non-cancer pain in primary care

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# W.H.O. PAIN LADDER

ASHISH SINGH,  
MEDICOWESOME

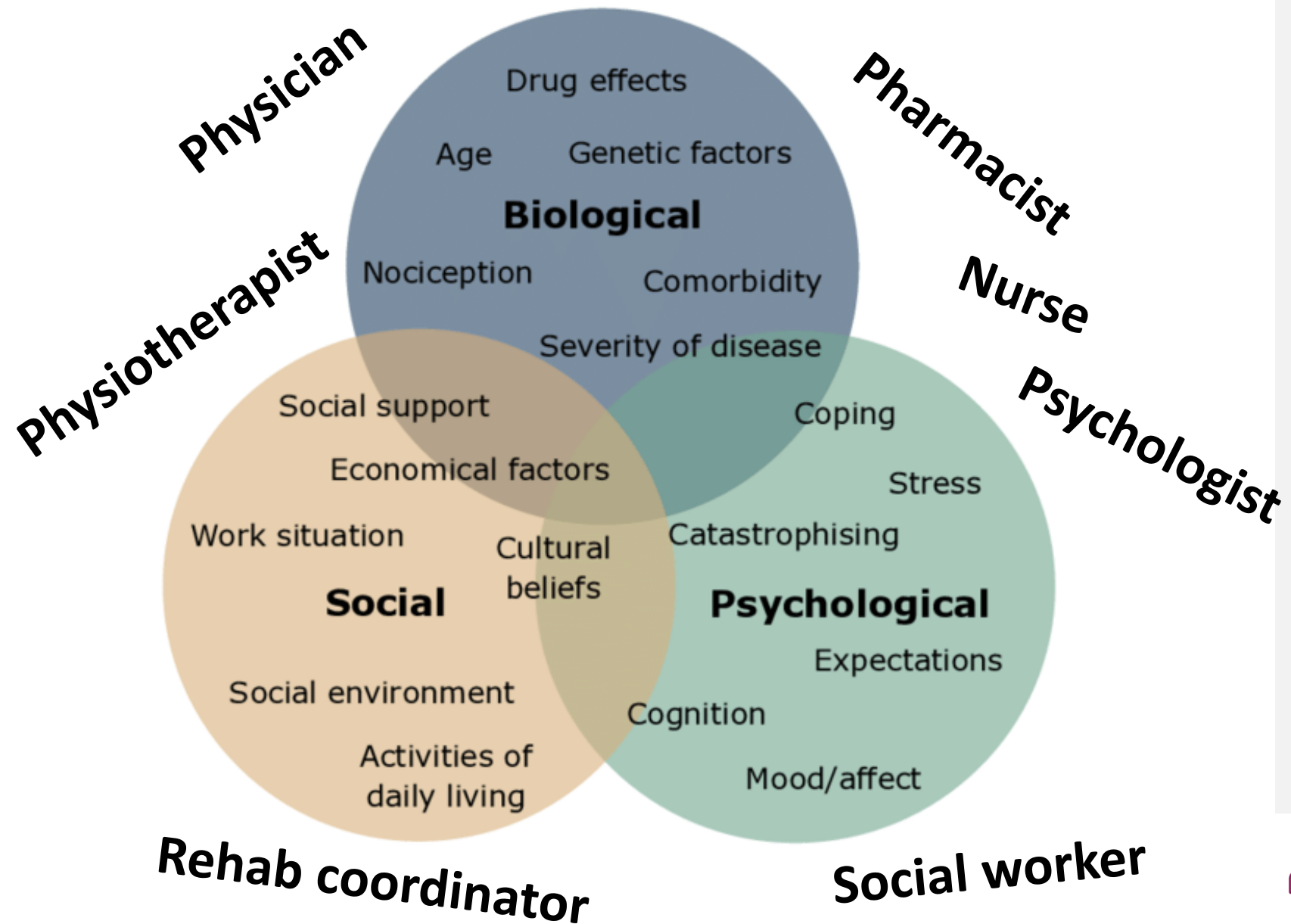
**STRONG OPIOIDS**

**Acute pain  $\neq$  Chronic pain**

**SIMPLE ANALGESICS**

Paracetamol, Aspirin, NSAIDS

# Biopsychosocial model of chronic pain



# Aim

To explore the perspectives of **healthcare professionals** on **opioid use** in chronic non-cancer **pain management** in **primary care**

# Method

- Focus group interviews
- Thematic analysis

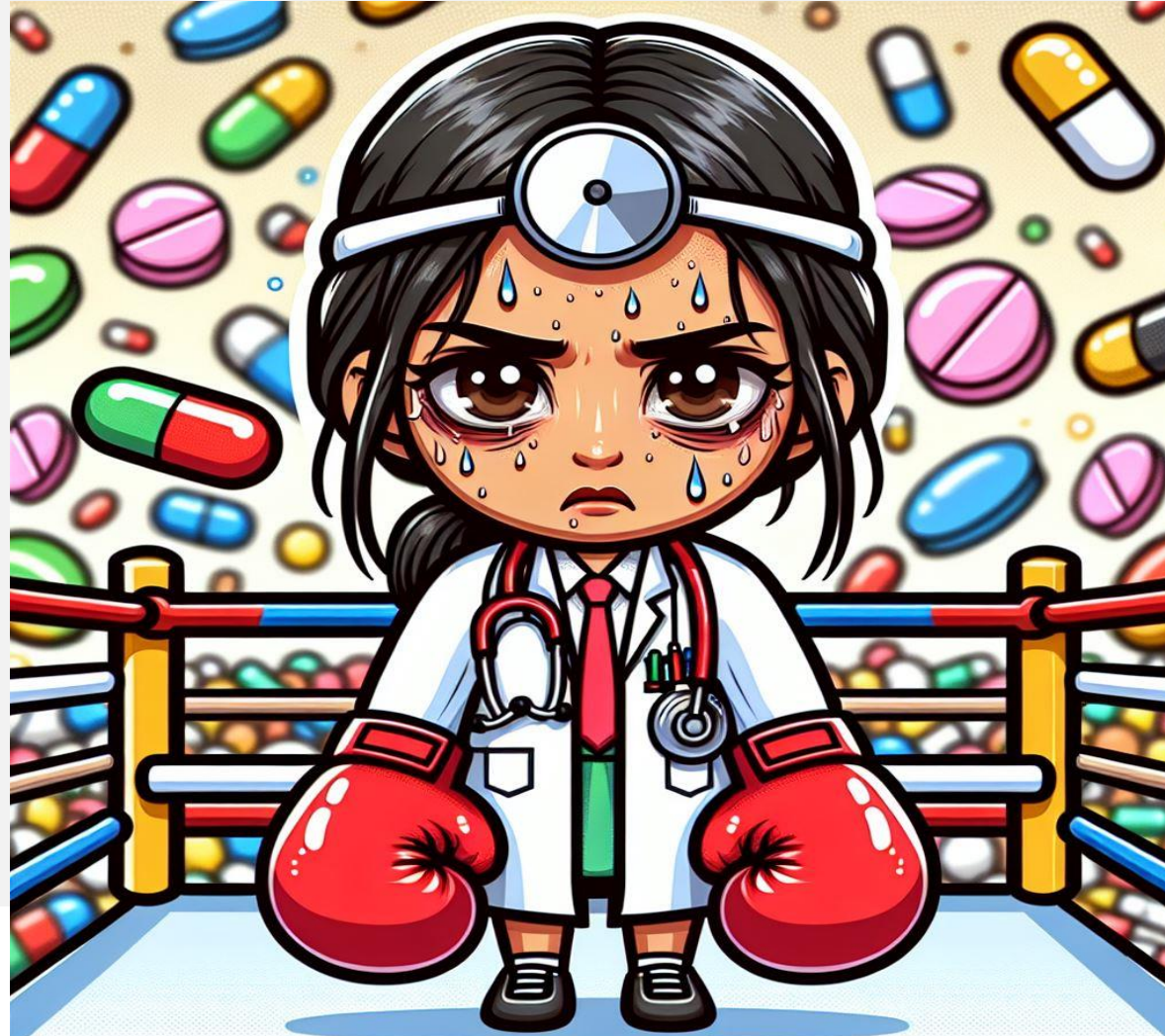


# Results: Healthcare professionals' perspectives on opioid use in chronic pain in primary care

**Impact of chronic pain**

**Complexity of opioid treatment**

**Barriers to non-pharmacological alternatives**



**Benefits of interprofessional care**

**Prerequisites for successful treatment**

# Next step: Person-centred, team-based intervention

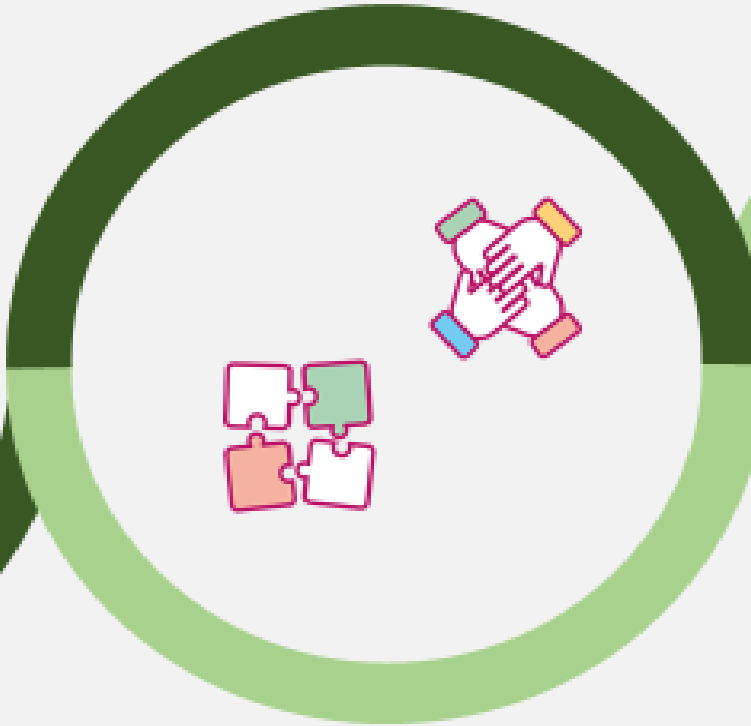
## Phase 1

Assessment  
(week 1-2)



## Phase 2

Treatment plan  
(week 2-3)



## Phase 3

Treatment follow-up  
(week 3-26)



### Visits

- Pharmacist
- General practitioner
- Physiotherapist
- Psychologist
- Care manager

### Team consultation 1

- With patient
- Individualized treatment plan

### Telephone/visit

- Frequent contacts



### Team consultation 2

- Week 12-16



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## Thank you!



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UNIVERSITET

## Stay in touch:



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