

Workshop: PCNE Basel 2021

Communication skills with patients & Motivational Interviewing

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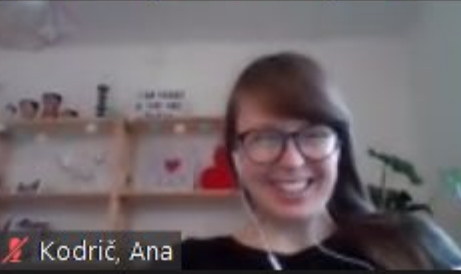
Sofia Kälvemark Sporr...



Nabergoj Makovec, Ur...



Martina Teichert



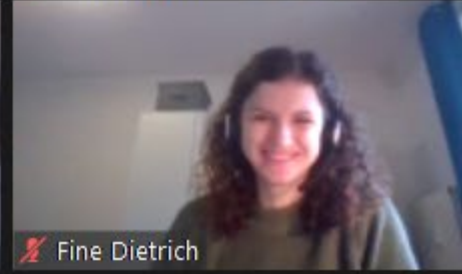
Kodrič, Ana



Rineke Gordijn



Maike Petersen



Fine Dietrich



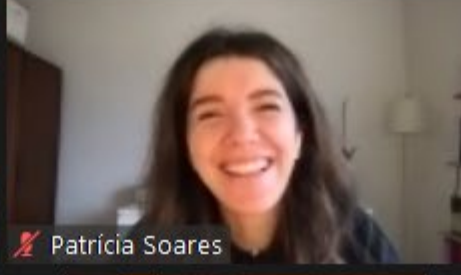
Viktoria Jungreithmayr



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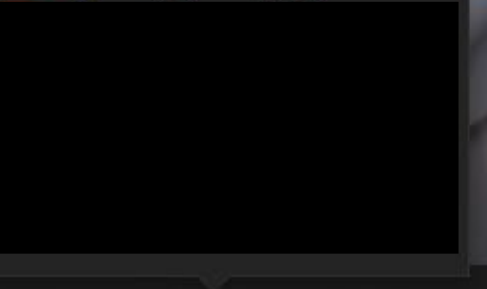
Patrícia Soares



Yen-Ming Huang



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Jennifer Saffran

Motivational Interviewing:

- Technique to help patients change habits fx how to take medication
- Combination of tools presentation and practice exercises
- Ambivalence
- Roll with resistance
- Change talk

Communication with patient more broadly / research

- Extremely complex - many challenges/ barriers
- Need to understand patients better:
 - ✓ Practice: Don't give advice if the patient first hasn't shown this is a way they like to go
 - ✓ Research: Need of many more in-depth studies of what patients bring into the encounter
 - ✓ New communication modes: Digital health /literacy

Interest for PCNE activities within patient communication

- Interest in continuing MI techniques: practice, research, teaching



- Perhaps create small practice/ exchange group groups (Moodle platform?)
- Masterclasses (Moodle platform?)
- More similar workshops: theory/ practice communication skills
- Workshops: research: exist. Literature, methods, etc.